

If you think you need an abortion you can ring the Central Booking line to arrange an appointment at your nearest clinic or hospital.

Or you can visit your doctor, or local contraception and sexual health service who can arrange an appointment for you.

Abortion services are free and confidential and you can change your mind about having an abortion at any time.

**NHS**

*Manchester*

**0845 365 0565**

The Central Booking line is confidential with a lo-call number open Monday-Friday 8.00am-9.00pm, Saturday 9.00am-6.30pm and Sunday 9.30am-2.30pm.